

SWERVE SOCCER



# RESIDENTIAL CAMP

## APRIL 2024

3-5 APR 2024 BEDE'S SENIOR SCHOOL





Welcome  
to Swerve  
Soccer

## + CONTENTS

[Camp Summary >](#)

---

[Camp Schedule >](#)

---

[Training >](#)

---

[Workshops >](#)

---

[Venue / Accommodation / Food >](#)

---

[Downtime / Activities / Kit >](#)

---

[Pastoral Care / Staff / Safeguarding >](#)

---

[Pricing & Booking >](#)

---

[Contact >](#)



## + SUMMARY

**Swerve Soccer will be hosting an Easter residential between the 3–5 Apr 2024 at Bede’s Senior School, Upper Dicker who offer first-class training and boarding facilities set in the beautiful countryside.**

Our camp offers a pressure-free training environment created to enhance each players ability through fun and engaging training sessions.

Classes will be adapted to the players and their individual and collective characteristics. Sessions are structured and progressive with the outlook to develop each individual to create the ‘complete player’. We recommend this camp to players who play regularly for their school, club or academy teams.



Sessions are lead by **FA & UEFA** approved football coaches who have a wealth of experience in youth football and from the professional game. Our dedicated staff provide an intensive programme designed to enhance each players technical ability through a **360° training environment**.

Recommended playing level: **Intermediate - advanced**

## + A TYPICAL DAY



# + TRAINING



+  
Creating the  
'complete  
player'

## ON-THE-FIELD

The training programme is progressive and is adapted to each player's individual characteristics and ability. Throughout the course, the camp will look into a variety of topics that cover defending, midfield and attacking principles.

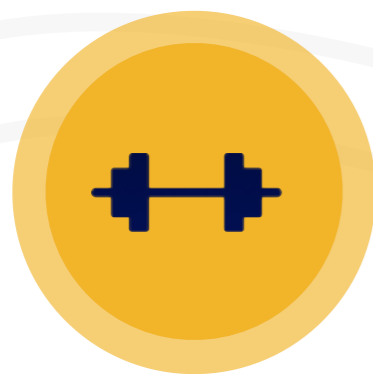


+  
Attend a  
variety of  
workshops

## OFF-THE-FIELD

Our workshops have been designed by advanced high-performance strength & conditioning coach Tony Morris. Tony actively trains Premier League player Solly March (pictured above).

# + WORKSHOPS



## Strength & Conditioning

"Specific training for a footballer"



## Injury Prevention

"Good shoe - bad shoe"



## Swim & Recovery

"Relax and unwind"



## Video Analysis

"Identifying areas of improvement"



## Futsal Tournament

"Learn the rules of futsal"

## + GOALKEEPER TRAINING

There is a total of 3hrs of goalkeeper specific training offered during the camp.



## + VENUE

Bede's Senior School situated in the South East of England and is nestled in the beautiful English countryside located less than 50min from Gatwick airport.

Bede's provide an exceptional training facility for this course, with access to well-maintained playing fields, all-weather pitches, large modern sports hall, a swimming pool, a state-of-the-art gym and analysis rooms, which all form a part of a multi-million-pound sports complex

**Address: Bede's Senior School, Upper Dicker, BN27 3QH**



## + FACILITIES

- ▶ 6 All-natural pitches
- ▶ 1 Gym
- ▶ 1 All-weather pitch
- ▶ 5 Changing rooms
- ▶ 1 Swimming pool
- ▶ 1 Sports hall

## + FOOD

Bede's School provide a wide selection for breakfast, lunch and dinner over the course of the camp. This will include vegetarian and vegan options. Special dietary requirements can be made.



## + TESTIMONIALS

**My two French children of 9 and 11 years old really enjoyed this camp. Even if they do not speak English all the team was really careful and nice with them. My children had a really fun time. They ask me to come back another time.**

**Christelle**

**- Parent**

**This camp is a wonderful opportunity for children to play football, make new friends, grow in confidence and learn independence. Impeccably run with coaches who show compassion and enthusiasm and create an experience the kids will never forget.**

**Lucy**

**- Parent**





# CREATING MEMORIES THAT LAST A LIFETIME

## + KICK IT AT 'KICK X FOOTBALL'

The Easter camp includes an excursion to Surrey's newest hybrid football centre 'Kick X'



## + DOWNTIME

Players will have time to relax and socialise with friends and coaches during downtime.

## + ACTIVITIES

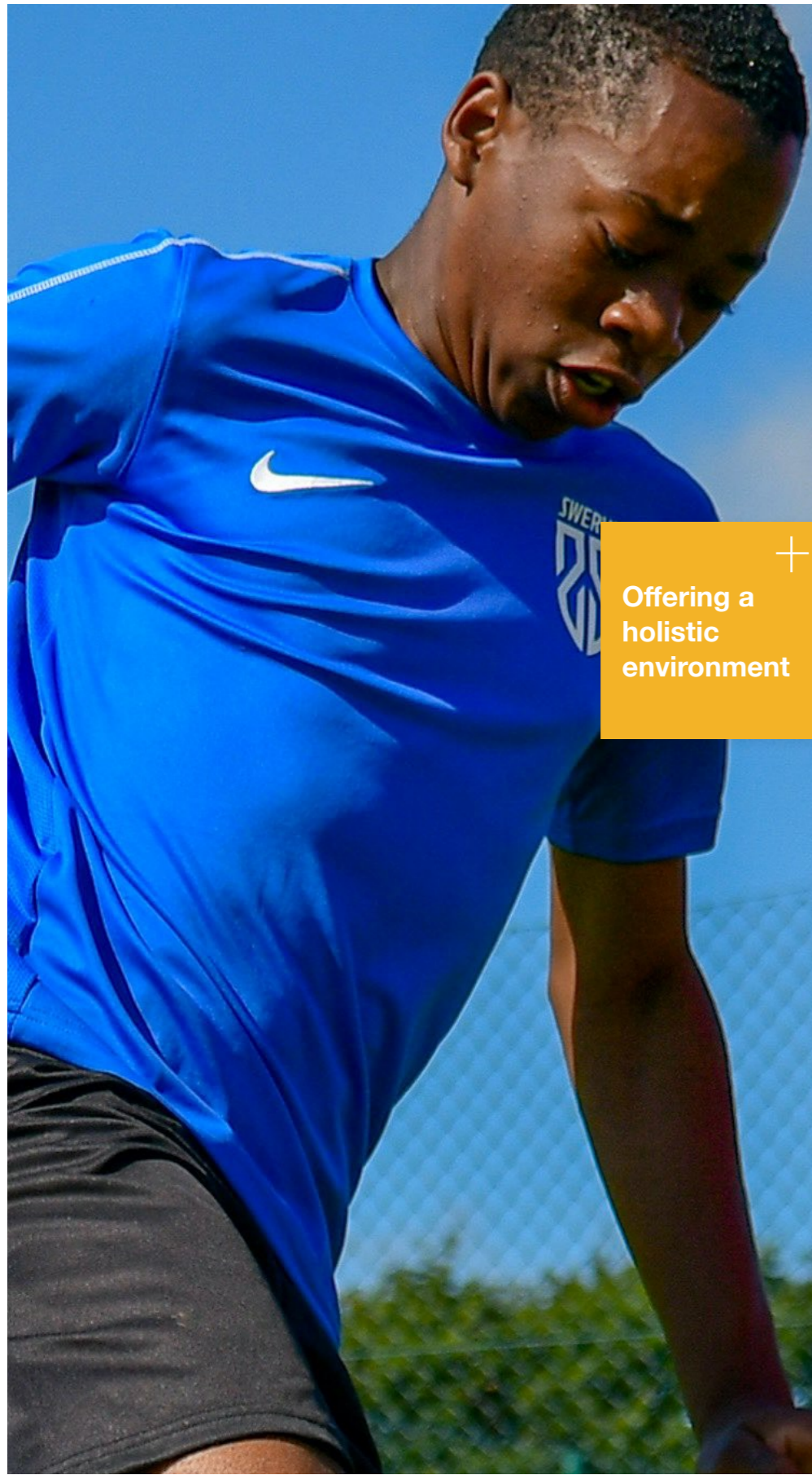
Downtime activities may include:

- ▶ Games console rooms
- ▶ Table tennis
- ▶ Snooker
- ▶ Swimming
- ▶ Tennis

## + KIT

Players will be provided with camp kit on the first day of attendance, this will need to be returned on the final day of attendance (subject to numbers enrolled).





Offering a holistic environment

## PUTTING THE PLAYER FIRST

Swerve Soccer is dedicated to providing a safe environment for players to excel.



### PASTORAL CARE

All staff are first aid trained. Where possible, Swerve Soccer will offer an on-board matron during the evenings. Players will be able to call home anytime although this usually is during the evenings.



### STAFF

All staff are first aid trained and have up-to-date safeguarding certificates along with current DBS verification. We will be informing children on arrival about our residential camp expectations, housing rules, camp rules and emergency fire procedures. Staff will be at hand 24/7 should anyone need assistance when residing at camp. Our staff to child ratio is 1:12



### SAFEGUARDING

Swerve operated a strict residential safeguarding policy. To view this, please [click here](#).



# SWERVE SOCCER

PROVIDING YOUTH FOOTBALL PROGRAMMES

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